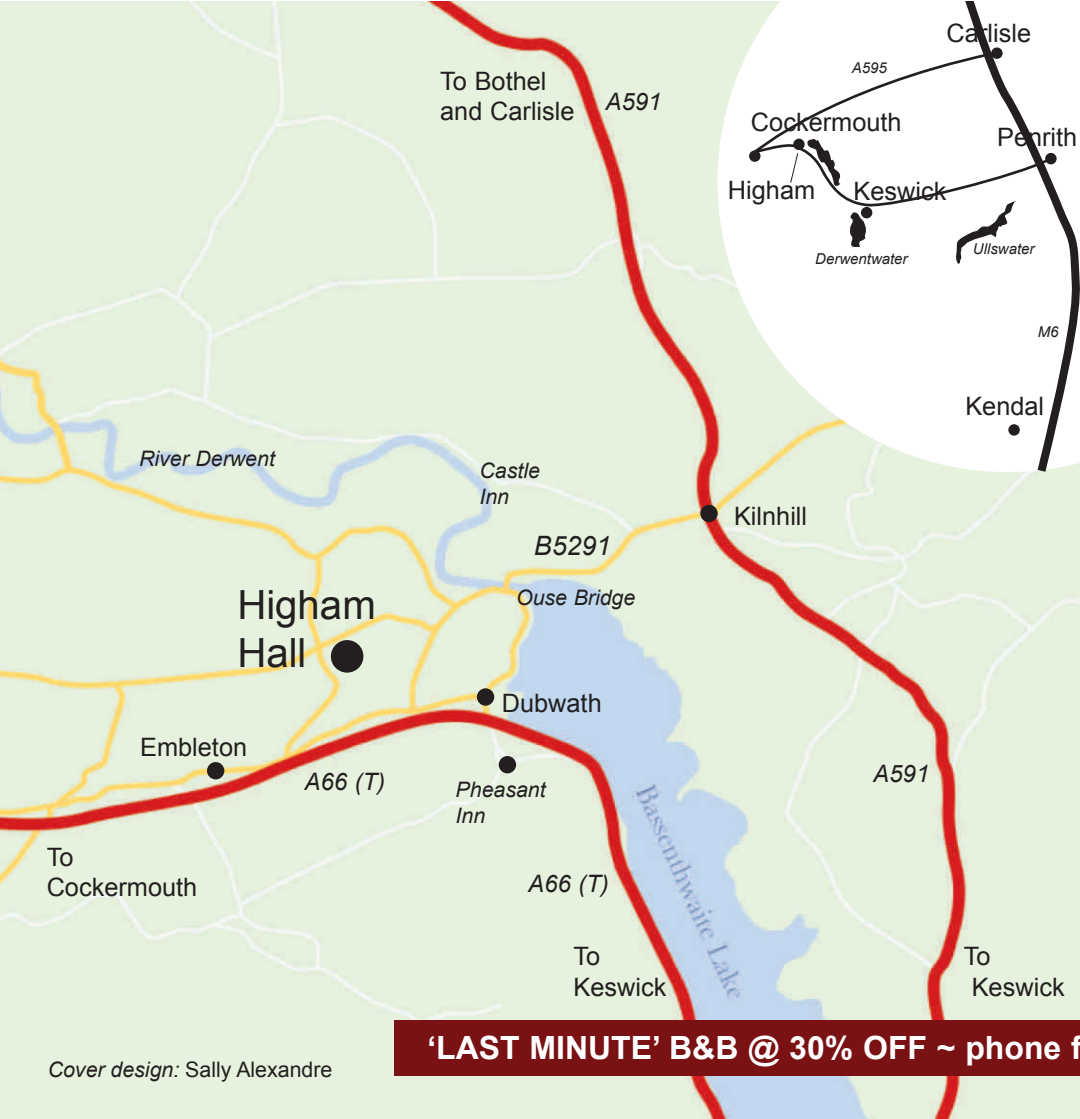


OUTSTANDING SHORT COURSES



HIGHAM HALL

Summer Courses 2013



How to get to Higham

Higham is situated on the northern edge of the Lake District, between Cockermouth and Keswick, and a mile from Bassenthwaite Lake.

If you are travelling from Penrith (M6 J40) or Keswick, follow the A66 along the side of Bassenthwaite Lake and take the first turning right at the end of the lake – signposted Dubwath and Castle Inn. You will see a large Higham Hall signpost on the left. Follow the road round and take the second turning on the right, and then the turning on the left signposted Higham Hall. Higham is half a mile up the hill, on the left.

If travelling from Cockermouth, or the west, follow the A66 to the same junction, but turn left (opposite the turning to the Pheasant Inn).

If travelling from Carlisle (A595), turn left at Bothel (A591) and travel as far as the Castle Inn. Turn right here (B5291), bear right after Ouse Bridge and then take the second turning on the right.

'LAST MINUTE' B&B @ 30% OFF ~ phone for details or see our website

HIGHAM HALL

An Educational Trust providing short courses for adults of all ages

Enquiries

If you have any questions please write, phone or email us at:

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Bassenthwaite Lake
Cockermouth, Cumbria
CA13 9SH

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admin@highamhall.com
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Principal:
George Cooke

Deputy Principal:
Sue Waring

Domestic Administrator:
Anne Jarman

Financial Administrator:
Barbara Cooper-Holmes

Courses Administrator:
Pam Hayes

Summer 2013

Welcome to our programme of courses for the summer. The range continues to grow with *Playing the Saxophone* and *Coracle Building* being added this year to a programme that already includes *Philosophy* and *Golf*, *Poetry* and *Bookbinding*, *Beethoven* and *Crochet* and any number of music, art and craft courses. We hope you will find something to excite you.

If you simply want to relax and enjoy our *special* atmosphere, why not come as a guest, view the views, eat the delicious food and take it easy in good company.

George Cooke, Principal

ASSISTED PLACES SCHEME

If your income is low and you are receiving certain state benefits, or you are between 18 and 25 years old, you can apply for an assisted place or a Friends of Higham Bursary.


See the back page for details.

INTRODUCTION AND ENQUIRIES



Introduction and Enquiries

Contents

- Remaining Winter courses 
- Summer courses 
- General information 
- Course booking form 
- Location 

Remaining Winter Courses & Events



WINTER COURSES WITH PLACES STILL AVAILABLE

M1901	Fri 25 to Sun 27 January	LINDY HOP AND BALBOA
C1903	Fri 25 to Sun 27 January	SILVER JEWELLERY
C1905	Sun 27 to Thurs 31 January	CERAMIC RELIEF WALL PLAQUES
C1909	Fri 1 to Sun 3 February	RUG MAKING
C1926	Sun 17 to Thurs 21 February	STARTING POINTS FOR TEXTILES
L1929	Fri 22 to Sun 24 February	WORDSWORTH – READING THE PRELUDE
A1935	Tues 26 Feb to Fri 1 March	USING VARIOUS PAINTING MEDIUMS
A1936	Fri 1 to Sun 3 March	LIFE DRAWING AND PAINTING
C1952	Fri 15 to Sun 17 March	WOODBLOCK PRINTMAKING
C1955	Sun 17 to Fri 22 March	PAPERMAKING
C1964	Fri 29 March to Tues 2 April	JEWELLERY IN SILVER AND OTHER METALS

D400

**Sunday 17
March
1.00 – 4 pm**

FRIENDS OF HIGHAM AGM AND LUNCH

Enjoy a special lunch, at no cost to members, before the Annual General Meeting starts at 2.30 pm. Please let Higham know if you wish to attend.

Members of the
Friends of Higham

A1968

**Tuesday 2 to
Friday 5 April**

WALKING AND SKETCHING IN THE NORTHERN LAKES

Lionel Playford is a Master of
Fine Art and a professional
landscape painter

Residential: £285
Non-residential: £180

A course for people who like to walk the fells but also to sketch as a part of the walking experience. This is a chance to have time to respond to different aspects of the scenery and weather through sketching. The tutor will suggest approaches to drawing using a variety of materials including pencils, ink, watercolour and oil pastels. Demonstrations of some interesting and accessible techniques for lively responsive work whatever the weather! (Level 2 walking – moderate).

M1969

**Wednesday 3 to
Sunday 7 April**

JAZZ COMPOSITION AND ARRANGING

Mark Bassey is an
experienced tutor, composer
and accomplished trombonist

Residential: £420
Non-residential: £280

This course looks at composing and arranging in the jazz idiom for various sizes of ensemble. Practical work will involve writing for a group made up of members of the class. There will be opportunities to try out ideas and we will play each other's pieces. Students should have a good knowledge of jazz harmony (chords and scales), have reached a good standard on their instrument, and be able to read music. Previous writing experience is not essential.

Summer Courses

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D401

**Thursday 4
April
9.30 am – 5 pm**

NEEDLE FELTED ANIMALS

Have fun making a selection of needle felted animals such as sheep, birds, rabbits, cats or your own mythical creature. Using just wool and special needles. Materials are available at cost from the tutor.

Debbie Lucas has been making felt for many years and has worked as Artist in Residence in schools throughout Cumbria

£40 including coffee, lunch and tea

L1970

**Friday 5
to Sunday
7 April**

PHILOSOPHY & LITERATURE

This course will consider what we can learn about human nature, the human condition and the meaning of life from a play by Samuel Beckett, short novels by Herman Hesse and Fyodor Dostoevsky, a short story by Leo Tolstoy and poems of W.B Yeats. We will also consider the relationship in general between philosophy and literature.

Michael Travers is an experienced teacher of Philosophy and Literature

Residential: £195
Non-residential: £131

W1971

**Friday 5
to Sunday
7 April**

GOLF COACHING AS YOU'VE NEVER HEARD IT!

Nigel Burkitt has 34 years' PGA experience, coaching beginners to Ryder Cup players

Residential: £195
Non-residential: £131

Nigel will show you why many of the old cherished tips are wrong and actually hinder improvement. A better, clearer understanding is essential if you wish to really move your game on and make it permanent. Discover where you are on the golfing journey and revitalise your confidence when you realise you don't have to keep suffering the shots you don't want to hit! It's a dynamic new philosophy on learning the game of golf.

C1972

**Friday 5
to Sunday
7 April**

CHINA RESTORATION ~ COLOUR MATCHING

Sheila Maurice is a freelance conservator and tutor

Residential: £200
Non-residential: £136

The course is aimed at those who have a basic knowledge of the techniques involved in china restoration, and who would like to develop an awareness of colour and its application to a damaged and repaired object. Methods of disguising a mend, choice and use of paintbrush and coloured fillers will be covered. Students will have ample time to work on their own projects.

D402

**Sunday 7
April
2 – 5 pm**

TWO FAMOUS FURNITURE MAKERS

Alex Alexandre is a furniture maker and former principal of Higham Hall

£16 including tea

John Makepeace in England and James Krenov in the USA inspired many designer/makers of furniture during the craft revival of the late 20th century. What was so special about their work and how have their ideas continued to influence new makers?

A1974

**Sunday 7
to Friday
12 April**

PASTEL PAINTING

Graham Oliver owns a gallery specialising in pastel paintings and has exhibited with the Pastel Society

Residential: £450

Non-residential: £285

This course is for beginners and those with moderate experience. We will be working in the studio, and Higham grounds, from landscape and still life subjects designed to teach particular skills. The elements of successful picture making will be evaluated including composition, colour, tone and mark making, and the tutor will give demonstrations and lots of individual attention. Pastel is a remarkably generous medium as the manufacturer has gone to the trouble of mixing the colours, so corrections can easily be made until the best solution is found.

M1975

**Monday 8
to Tuesday
9 April**

EXPERIENCE THEATRE

Theatre by the Lake's technical and creative teams will lead the sessions, and the course is hosted by Jim Smith & Eileen McLean

Residential: £175

Non-residential: £140

In partnership with Theatre by the Lake, this course provides the opportunity to both see and discuss the production of *Rogue Herries*. Course members will also explore the Herries series of novels, learn about the technical challenges that this particular production presents and meet one of the directors and members of the cast. Ticket, programme and transport between the Theatre and Higham Hall included in the fee.

IT1977

**Tuesday 9
to Friday
12 April**

BEGINNERS' DIGITAL PHOTOGRAPHY

Paul Walker is a professional illustrator and photographer whose work is widely exhibited

Residential: £295

Non-residential: £190

This course is designed for the amateur photographer who wishes to get the most out of the digital camera. It uses simple teaching methods that will demystify the plethora of technical terms which haunt the beginner. Photograph the outstanding views in and around Higham Hall, develop your compositional eye, look at night, macro and narrative photography. You can then use computer applications to alter and improve your image, creating the perfect photograph.

L1979

**Friday 12
to Sunday
14 April**

**WHAT EXACTLY IS THE
'MODERN' ENGLISH NOVEL?**

Keith Chandler has over 30 years' experience of teaching in an adult education environment

Residential: £195
Non-residential: £131

We will try to resolve this question by looking in detail at five contrasting and fascinating examples drawn from almost the last 150 years. We will consider plot, character, recurrent themes and look at their varied interpretations through the writer's technique in the selected texts. All you need is an enthusiasm for reading. It would be helpful, to benefit fully from the discussions, if you could read the novels in advance. They are: *Tess of the D'Urbervilles* (Thomas Hardy, 1890); *Mrs Dalloway* (Virginia Woolf, 1925); *The End of the Affair* (Graham Greene, 1951); *The French Lieutenant's Woman* (John Fowles, 1979) and *Atonement* (Ian McEwan, 2001).

IT1980

**Friday 12
to Sunday
14 April**

**CAPTURE THE SPRING
LANDSCAPE WITH YOUR
DIGITAL CAMERA**

Paul Walker is a professional illustrator and photographer whose work is widely exhibited

Residential: £225
Non-residential: £155

This course is aimed at any level of experience, and is designed for those who wish to get the best out of a digital camera. It will cover a wide range of practical camera skills and methods to enable you to produce successful images with the spring landscape in mind. Photograph the outstanding landscape around Higham Hall and then see how you can use computer applications to improve your images.

IT1981

**Friday 12
to Sunday
14 April**

**ABSTRACT ACRYLIC USING
PHOTOGRAPHS**

Karen Walker has many years' experience in fine art and design and exhibits in a variety of mediums

Residential: £225
Non-residential: £155

Use inspiration from photographs to produce a unique abstract in acrylics. Explore new dimensions in painting using the computer as a starting point to transform original ideas. The emphasis is very much on the beginner who wishes to experiment with a new take on artwork.

C1982 Sunday 14 EMBROIDERY AND PAINTING

**to Friday
19 April**

Samantha Mullarkey is a designer and illustrator specialising in embroidered textiles inspired by naturalistic forms

Residential: £445
Non-residential: £280

A creative painting and machine embroidery course inspired by naturalistic forms such as shells, plants, butterflies and sea creatures. We will explore the use of a variety of different mediums and fabrics including dyes, acrylics, foils, silk and Lutradur, which when combined and embellished by both machine and hand embroidery can look stunning. We will also use bonding and distressing fabrics to create a more three-dimensional image which can be framed or used as a wallhanging.

F1983 Monday 15 YOGA AND WALKING

**to Friday
19 April**

Gill Hunter is a member of the British Wheel of Yoga and has taught for many years

Residential: £370
Non-residential: £230

Yoga and walking – the perfect combination! Suitable for beginners and experienced alike, the morning will be a session of hatha yoga – postures, breathing techniques and relaxation. In the afternoon you will have the option of being led on a low level walk of 3 to 5 miles, followed by a quiet yoga session before dinner. You will leave feeling more supple and relaxed amongst new-found friends.

L1986 Friday 19 MURDER!

**to Sunday
21 April**

John Sadler is an author, lecturer, battlefield tour guide, historical interpreter and heritage consultant with many years' teaching experience

Residential: £195
Non-residential: £131

An introduction to, short history of and practical application of murder mystery in fiction and film genres; the English experience from 1841 (*Murders in the Rue Morgue*) to 1991 (*American Psycho*). Students will learn the history and categorisation of the genre in print and in film. Students will also write, produce and act their own murder mystery utilising Higham Hall and the archetypal country house.

T1987 Friday 19 START UP SPANISH

**to Sunday
21 April**

John Tickle is a lifelong linguist with many years' experience teaching adults

Residential: £195
Non-residential: £131

Making an effort to speak the native tongue will earn you goodwill and enrich your stay immeasurably – and it's great fun! As a complete beginner you will guided step by step through the pronunciation process, via a light-hearted and informal approach, towards daring to speak with confidence. Bring a sense of humour and a willingness to try.

C1988

**Friday 19
to Sunday
21 April**

UPHOLSTERY

Simon Ireland has run his own upholstery business for many years and has been teaching upholstery for almost as long

Residential: £195
Non-residential: £131

Does your chair need a new cover? Is the seat tired and sagging? Would you like a new look for your headboard or stool? If yes, then this is the course for you. Bring the item and new fabric and we will transform it. Expert tuition is given at every stage and the tutor will supply all the necessary equipment at cost.

T1989

**Sunday 21
to Tuesday
23 April**

FREE UP YOUR SPANISH

John Tickle is a lifelong linguist with many years' experience teaching adults

Residential: £195
Non-residential: £131

This course is for people who may have learned a little Spanish at school, or have some basics, and want to be able to converse with greater ease. You will be guided step by step towards achieving confidence in conversation. How to cope in situations where a rapid response is required will also be addressed along with the provision of a range of useful tips and techniques for success. The workshop will be light-hearted and informal but the aim of the course is to refresh and improve your Spanish so that you *dare* to speak it!

M1990

**Sunday 21
to Friday
26 April**

DMITRI SHOSTAKOVICH (1906-75) ~ A HEROIC LIFE

Steven Ingman-Greer is a professional lecturer with many years' experience researching 20th Century music

Residential: £445
Non-residential: £280

In this course we will be looking in depth at the music and life of the great Russian composer Dmitri Shostakovich. Concentrating on the symphonies and string quartets, but also looking at the opera *Lady Macbeth* and the ballet *The Bolt*, we will follow his career from the optimistic beginnings in post-Revolutionary Leningrad, through the Terror that was the reign of the Red Tsar Joseph Stalin, to the pessimism and withdrawal that characterised his final years. We will be looking at his influences and his friends, encompassing the music of Beethoven, the Russian Romantics, and Jazz, and composers as diverse as Khachaturian, Khrennikov and Prokofiev.

A1991 **Sunday 21
to Friday
26 April**

Tiana Marie is a professional artist and lecturer

Residential: £445
Non-residential: £280

**PAINTING THE SACRED
LANDSCAPE**

This course is designed to help the artist connect to sacred aspects of the land, appreciate the beauty of nature and respond emotionally to an image in a realistic, impressionistic or or symbolic way. We will use water-based media and sometimes mixed media to interpret the spirit of place and look at the work of masters in the field both past and present, including Blake, Palmer, Sutherland and Piper. All abilities welcome.

L1993 **Friday 26
to Sunday
28 April**

David Hunt is a freelance lecturer, performer of poetry, actor, theatre director, poet and musician

Residential: £195
Non-residential: £131

THE POWER OF POETRY

This course is a dramatic introduction to poetry of all ages, from Chaucer to Carol Ann Duffy; sonnets, elegies, love poems and nonsense poems, verses sad and glad, mysterious and comic, philosophical and nostalgic – poems for all seasons. A special focus will be on Donne, Keats and Betjeman. The aim is to present the power of poetry in all its forms and to perhaps even to inspire students to write their own poetry.

C1994 **Friday 26
to Sunday
28 April**

Elaine Hicks is a lifelong needlework enthusiast with many years' experience of designing and making fabric boxes

Residential: £195
Non-residential: £131

**FABRIC BOXES ~
A RECYCLING CHALLENGE**

Using a mixture of new and 'already used' fabrics, we will create an attractive fabric-covered box with a combination of hand and machine stitching to achieve our design. A simple-shaped box with fitted lid can be made in a weekend. A skirt, blouse, tablecloth or even a scarf can be the starting point of your project. Add beads, buttons and trimmings from your stash as embellishments. This course will appeal to both experienced box makers and newcomers to the craft.



C1995
Friday 26
to Sunday
28 April

Sara Gadd specialises in designing and creating ladies' individual occasion headwear as well as running workshops and lectures

Residential: £195
Non-residential: £131

MILLINERY MAGIC ~
EXPERIMENTING WITH
SINAMAY

Hats are wonderful creations and can be worn to enhance your overall look. Not only are they beautiful to wear but they are extremely tactile to make. Stylish creations balanced perfectly on the head and teamed with a flower or feathers are currently so de rigueur and are the perfect alternative to a full-brimmed hat! During our workshop you will learn about the wonderful properties of Sinamay, a type of straw, and how to use this fabric to create your own headpieces. Through demonstrations and samples you will be shown how to come up with your own designs which you can then trim with a range of handmade or readymade trims.

D403
Sunday 28
April
2 – 5 pm

Patrick Oates is a figurative fine artist and art historian with many years' experience in Higher Education

£16 including tea

ENGLISH GENIUS IN
WATERCOLOUR BETWEEN
THE 17th AND 19th
CENTURIES

Topographical painting using the mobility of watercolour techniques is particular to English landscape painting. This talk examines the remarkable works on paper from the 'Norwich School' of John Sell Cotman and his contemporaries, through to those of Turner in the way the transparency of the idiom perfectly reflects the subtle qualities of British Landscape painting.

A1997
Sunday
28 April to
Friday 3
May

Patrick Oates is a figurative fine artist and art historian with many years' experience in Higher Education

Residential: £450
Non-residential: £285

INK, WASH AND
WATERCOLOUR IN
LANDSCAPE PAINTING

An unusual fusion of media, these innovative combinations introduce both a traditional and expressive opportunity to develop landscape paintings. Excursions into the landscape and beautiful evening slide shows of historical works also offer direction into styles which could be adopted in developing creative picture making – in the way pen and ink techniques can enhance the clarity of watercolour technique. This course is excellent for beginners and energising for more advanced painters.

H1998 **Monday**
29 April to
Thursday 2
May

Sam Newton is Director of Wuffing Education at Sutton Hoo, a NAFDAS lecturer and *Time Team* historian

Residential: £275
Non-residential: £170

**GOLD IN THE GROUND ~
THE GOLDEN AGE OF OLD
ENGLAND**

All aboard the royal treasure-ship of Sutton Hoo! We shall embark on a course exploring the artistic and technical wonders found buried amidships beneath the barrow. A central theme will be the superb jewellery of gold, garnet and blue glass, which reveals such a brilliant synthesis of styles from Britain and the Continent. We shall compare these pieces with the similar examples of cloisonné jewellery from the more recently discovered Mercian royal treasures from Staffordshire. We shall chart what we can of the lost chapter of Old English history that the golden light of these treasures illuminates.

M2001 **Friday 3 to**
Sunday 5
May

Alan Cuckston is a professional concert artist, conductor and lecturer with many years' experience in Adult Education

Residential: £195
Non-residential: £131

BEETHOVEN

Rightly regarded as one of the towering figures of Classical Music, Beethoven lived from 1770 to 1827. This course will survey his compositional output in its biographical context, with his deafness and private emotional agonies. Opera, symphony, string quartet and piano sonata will be analysed as the master's style develops from Classic to the Romantic eras in three broad periods.

H2002 **Friday 3**
to Sunday
5 May

Bruce Bennison is a field and museum archaeologist who has spent over 20 years working in the cultural sector in Cumbria and is now manager of the County Library Service

Residential: £195
Non-residential: £131

**CHURCHES OF
THE ROMAN WALL**

The churches of the rural settlements at the western end of Hadrian's Wall owe much to the Roman legacy of the area, not the least being the supply of readily available building material! They also owe their origins to the strong Early Christian presence in the area. This has left us a rich legacy of sculptured stone monuments, unique architectural features and a deep vein of social and personal history for us to explore. The course will take us to the edge of the debatable lands on the Roman frontier in north east Cumbria and the Solway Firth.

C2003 **Friday 3**
to Tuesday
7 May

Doug Mitchell is a conservator at the British Library, restorer and gold leaf finisher

Residential: £390
Non-residential: £246

**BOOKBINDING AND
RESTORATION**

Now in its 10th year, this course offers the chance to repair those treasured objects by bringing with you three books of your own which are in need of some TLC. You will learn the basic skills and techniques of paper repair and cover restoration while maintaining as much of the original as possible. Previous experience would be beneficial.

D404 **Sunday 5 May**
2 – 5 pm

Michael Travers is a graduate in Classics and Philosophy with many years' experience in adult education

£16 including tea

**FAMOUS THOUGHT
EXPERIMENTS IN
PHILOSOPHY**

Who is Descartes' demon? For what would you use Hume's Fork? Who lives in Plato's cave? Would you enter the 'happiness' machine? On what part of your anatomy might you use Occam's razor? What did Francis Bacon do with his chickens or Nietzsche with his hammer? Why did Popper play with dolls? We will consider these and other famous thought experiments, discuss the philosophical problems they illustrate, and debate their relevance to our daily lives.

M2005 **Sunday 5**
to Friday
10 May

Joan Burns is a freelance lecturer and member of the Society of Musicians

Residential: £445
Non-residential: £280

**VERDI ~ SACRED AND
PROFANE**

Verdi's love of literature led him inevitably to the work of the great poet-dramatist Schiller, whose sprawling drama *Don Carlos* rescued him at a time of great disillusion with the world of opera and gave birth to one of his most complex and ambitious scores. His innate sympathy with ever the most unlovable characters bring them to vibrant life and in the Requiem that sympathy embraces humanity itself. Both works reveal his mastery – in orchestration, vocal splendour and matchless melodic beauty. Come and enjoy!

M2008 **Friday 10**
to Monday
13 May

Roger Wilkes is a freelance music lecturer, director of Mostly Music and a choral director in NW England

Residential: £300
Non-residential: £200

**COME AND SING A
MUSICAL!**

As always, we warmly welcome singers of all levels of experience or inexperience. Our 'musicals' weekend this year will focus on selections from *Carousel*, by Richard Rodgers, together with a selection of choruses from Gilbert and Sullivan operettas. These will be complemented by solos and choruses from other shows. With a fine accompanist and varied choice of music, we aim to hit the Higham high spots once again.

C2009 **Friday 10
to Sunday
12 May**

Karen Quickfall is an experienced teacher of embroidery and stumpwork

Residential: £195
Non-residential: £131

RUSKIN LACE

Ruskin Lace is a very distinctive form of lace which originated as a cottage industry in the Lake District. It is worked on linen using a combination of drawn thread and cut linen work with the geometric designs being created using needlepoint lace techniques. The course is suitable for both beginners, who can purchase a starter pack (£9) from the tutor, and for those with more experience.

D405 **Sunday 12
May
2 – 5 pm**

Mark Elliott is a professional photographer specialising in portrait and landscape

£16 including tea

**UNDERSTANDING YOUR
DIGITAL CAMERA**

This short workshop will explain the digital camera in detail. You should bring your camera, and its manual, so that you can progress from a general understanding to the particulars of your own camera.

W2011 **Monday 13
to Friday
17 May**

Philip Wraight has played Bridge regularly for over 30 years at club and county level. He is a professional EBUTA Bridge teacher

Residential: £380
Non-residential: £236

BRIDGE

This course is not intended for beginners, but any players with at least two years' experience in the game are welcome. The seminar topic on this occasion will be *The Basis of Good Bidding*. Starting from basic principles it will be explained how to decide between a trump contract and no trumps and how to bid accurately to game or beyond. Set hands will be played to illustrate each seminar and duplicated notes will be provided. There will also be sessions playing randomly dealt hands (hand records provided), followed by discussion of instructive points.

C2015 **Wednesday
15 to Friday
17 May**

A York Minster broderer for many years, Jane Matthews is very experienced teaching mixed media and stitching techniques

Residential: £195
Non-residential: £131

**GOLDWORK ~
TRADITIONAL & MODERN**

Goldwork covers all aspects of embroidery using metal threads and materials. Introducing beginners to the basic techniques and encouraging those with some experience to develop their designs, to allow everyone to work at their own pace with individual guidance throughout the weekend.

H2016 **Friday 17
to Sunday
19 May** **THE AGE OF DISCOVERY**

The Age of Discovery was spurred by Ottoman conquest of the Levant and their embargo of luxury goods reaching European markets via the Silk Route and Mediterranean shipping. Navigators from Western Europe thus began exploring oceanic routes to the Indies and Spice Islands around the African continent and co-incidentally discovered the new world of the Americas. The course will explore how the demands for navigational technology changed mankind's understanding of our universe in the drive to establish trading and colonial empires.

Mike Shaw was a regular soldier and is a keen historian. He has a particular interest in the development of trade routes and an understanding of the practical problems of seaborne navigation

Residential: £200
Non-residential: £136

T2017 **Friday 17
to Sunday
19 May** **START UP ITALIAN**

Making an effort to speak the native tongue will earn you goodwill and enrich your stay immeasurably – and it's great fun! As a complete beginner you will guided step by step through the pronunciation process, via a light-hearted and informal approach, towards daring to speak with confidence. Bring a sense of humour and a willingness to try.

John Tickle is a lifelong linguist with many years' experience teaching adults

Residential: £195
Non-residential: £131

A2018 **Friday 17
to Tuesday
21 May** **CONTEMPORARY PAINTING
PRACTICE WORKSHOP**

This workshop-type course will take a variety of subject matter as its starting point, to engage with what might be meant by the term 'Contemporary Painting'. Through a series of exercises, discussions and demonstrations, students will be pushed to explore and extend their individual responses to their chosen media, subject and motivations behind their work. Exercises and subject briefs will take place both in the studio and outdoors. Some level 1 walking may be involved.

Steve Humble is a working visual artist and cultural theorist

Residential: £380
Non-residential: £236

D406 **Saturday
18 May
10 am –
4.30 pm** **YOGA**

This day course is suitable for all levels of Yoga experience. It is essentially a day of practical Yoga, using posture, breathing and meditative techniques and a little bit of theory, with the focus on the physical body.

Anne McDarby is a member of the British Wheel of Yoga with many years' teaching experience

£40 including coffee, lunch and tea

D407 **Sunday 19**
 May
 10 am – 4.30
 pm

AN INTRODUCTION TO
TANGO AND RUMBA

Come and join us and learn the basic moves and characteristics of the passionate Tango. We then move on to the slow romantic Rumba. This course is a must for those wishing to learn these two fabulous and different dances.

Mark and Denise Wilde are experienced dancers and run their own dance school in Kendal

£45 including coffee, lunch and tea

M2019 **Sunday 19 to**
 Tuesday 21
 May

STRING QUARTETS

This course is for preformed trios, quartets or quintets. Two piano groups can be accommodated. Groups should select repertoire for study and a wide range of music will be available for exploration. Expert tuition will be at hand from professional players Louise Latham and Richard Muncey.

Louise Latham is a professional violinist and teacher. A member of the Northern Chamber Orchestra, she also teaches at Lancaster University

Residential: £240
Non-residential: £176

N2021 **Tuesday 21**
 to Friday
 24 May

ARTFUL GARDENING

Susie White is an author, freelance garden writer and designer with a special interest in herb gardens

Residential: £305
Non-residential: £198

With her new garden design book just out, Susie White will show how to make an aesthetically pleasing garden. Many of the terms used are familiar to painters such as composition, texture, colour and light, and the course will appeal to artists as well as gardeners. There's a chance to bring photos and sketch plans to discuss how to improve your own garden, or you can simply enjoy the visits to inspiring Lakeland gardens and a chance to buy unusual plants. An RHS registered speaker, Susie is a well-known garden writer (and Country Diarist for the Guardian), author of *10 Principles of Artful Garden Design*.



A2022

**Tuesday
21 to
Friday 24
May**

SPRING LANDSCAPES ON CANVAS (ACRYLICS)

Hazel Lale is a professional artist, illustrator and teacher whose work is widely exhibited

Residential: £295
Non-residential: £185

Spring is the beginning of colour in the landscape alongside vast but familiar information. This course will look at how to approach a classic subject with greater understanding of what is in front of you. How to compose and paint with emphasis on preparation. We will look at alternative colours and mixing and application of paint. Energy is required to put together paint and canvas. An exciting few days for those who want to embrace new ideas with tradition. Spring Landscapes is for painters already familiar with painting with acrylics.

M2023

**Friday 24
to Sunday
26 May**

LEONARD BERNSTEIN ~ THE COMPLETE MUSICIAN

Chris Howes is a music history lecturer and pianist with very wide musical interests

Residential: £200
Non-residential: £136

A towering artistic figure of the twentieth century, Bernstein was a 'man for all musics', the like of whom we may never see again. Our study includes him as formidable conductor of works by Ravel, Mendelssohn and Mahler and of artists such as Kiri Te Kanawa and José Carreras; as pianist and composer of orchestral and choral works, including the Chichester Psalms and jazz-inflected pieces; as creator of the ground-breaking stage musicals *On The Town*, *Candide* and *West Side Story*. We look back at his success as a great ambassador and communicator for all that is best in music.

D408

**Friday 24 May
9.30 am –
4.30 pm**

BUDDHISM ~ A PHILOSOPHY OF LIFE

John Preston worked for many years as a social services manager, counsellor and lecturer and trained as a Buddhist monk

£40 including coffee, lunch and tea

This workshop aims to introduce the basic tenets of Buddhism. During the day we explore the origin of Buddhism, its ethical foundation and Enlightenment – the goal of the Buddhist path. The course will include a variety of Buddhist meditative exercises. It can be taken in conjunction with the weekend course *Meditation – to Quieten the Mind* which starts this evening.



F2024 **Friday 24
to Sunday
26 May**

John Preston worked for many years as a social services manager, counsellor and lecturer and trained as a Buddhist monk

Residential: £195
Non-residential: £131

**MEDITATION ~
TO QUIETEN THE MIND**

John will introduce you to a variety of meditative techniques and help you to understand the concepts underlying the practice. Sessions will include periods of seated practice using ordinary chairs. No special postures are required. Techniques and concepts will come mainly from the Buddhist tradition but no attempt will be made to promote any particular faith tradition – meditation is of universal relevance.

C2025 **Friday 24 to
Sunday 26
May**

Mark Aplin runs courses in boat building and is a qualified canoeing and sailing instructor

Residential: £335
Non-residential: £265
(including all materials)

CORACLE BUILDING

Coracles are simple and fun to build – no previous experience is required for this course. One of the most ancient water craft the coracle is surprisingly light, capable and easy to carry. A wide range of skills will be learnt as we progress through the build: laminating timber to form the gunwale; weaving then steaming, bending and fixing timber strips; attaching and waterproofing the canvas covering. The course will include an opportunity to try coracle paddling.

D409 **Sunday
26 May
2 – 5 pm**

Viv Philpot is an experienced artist and teacher. She and Geoff teach in their own studio as well as in colleges, art clubs and cruise ships

£16 including tea

**POETICAL PAINTING AND
'THE SUBLIME' IN THE LAKE
DISTRICT**

The artists and the poets of the Eighteenth and Nineteenth centuries recorded their impressions of the Lake District in paint, verse and prose. Join Viv and Geoff for a superbly illustrated talk exploring works by the artists and poets of the Romantic Movement in their efforts to portray the 'savage grandeur' of Lakeland scenery.



D410 **Sunday 26**
May
2 – 5 pm

TALES FROM
THE MUSICAL STAGE...

Chris Howes is a music history lecturer and pianist with very wide musical interests

£16 including tea

Ethel Merman walks out on the audience; Mozart's Requiem gets embroiled in skulduggery, a chance meeting crowns a Sinatra masterpiece – and much, much more....

A2027 **Sunday**
26 to
Friday 31
May

KEEPING A HOLIDAY
SKETCHBOOK IN PEN AND
WATERCOLOUR

Viv Philpot is an experienced artist and teacher. She and Geoff teach in their own studio as well as in colleges, art clubs and cruise ships

Residential: £460
Non-residential: £295

You don't have to be the last one on the coach when you keep a holiday sketchbook. Learn techniques for rapid sketchmaking during studio sessions, working from images on a big screen, and consolidate your skills during outings around the Lake District. Visit Cockermouth and Grasmere and take a cruise on Derwentwater for sketching on the move. Study examples from great artists' sketchbooks and discover that keeping a sketchbook is much easier than you think.

C2028 **Friday 31**
May to
Sunday 2
June

HAND EMBROIDERED
CALICO GARDENS

Irene Coulthard is a recognised expert in this field with many years' experience

Residential: £195
Non-residential: £131

With inspiration from gardens and architecture you will learn new techniques and produce fascinating textures to represent flowers, doors, windows and stone walls. The course is structured to cover all levels of ability, starting on a small sample and progressing to larger pieces. You can look forward to producing a highly original piece of work to treasure.

D411 **Saturday 1**
June
10 am -
4.30 pm

T'AI CHI

Sheila Aimson is a member of the T'ai Chi Union of Great Britain

£40 including coffee,
lunch and tea

T'ai Chi involves slow, flowing movement which encourages quietness, awareness and relaxation. The day will include simple breath exercises and short movement sequences and is suitable for all ages and levels of experience.



D412 Saturday 1 ALEXANDER TECHNIQUE

**June
10 am –
4.30 pm**

Vida Hedley is a professional teacher of movement and dance

£40 including coffee, lunch and tea

This is an opportunity to slow down and spend a day using the Alexander Technique to heighten awareness of your movement. You will learn a more efficient and easier way of walking, sitting, bending and moving.

D413 Sunday 2 HIGHAM'S GOTHIC RESTORATION PROJECT

**June
2 – 5 pm**

Maxine Berry is an artist with a special interest in restoration

£16 including tea

Come and hear about the fascinating research that has been done into 'restoring Victorian Gothic' and how it might be applied to 'repainting' Higham Hall. New insight into the history of the building will also be revealed.

**N2029 Sunday 2
to Friday 7
June**

Keith Offord is a professional ornithologist, photographer, tutor and tour leader

Residential: £450
Non-residential: £285

LAKELAND BIRDS

As an area to provide an all-round bird watching experience, the Lake District has few equals. Early summer provides an opportunity to become familiar with residents and visitors alike, and the mix of indoor and outdoor activities will aim to explore the wide variety of habitats, from the upland fells to the rivers, lakes and coast. Taken at a comfortable leisurely pace, this course provides the ideal foundation for learning to recognise birds by both sight and sound. There will be a reasonable amount of walking – up to 2 miles, sometimes over uneven ground. Level 1 walking.



A2030 **Monday 3
to Friday
7 June** **WATERCOLOURS WITH
CONFIDENCE**

You will have ample opportunity to paint in a variety of settings – studio, Higham’s extensive grounds and the surrounding beautiful countryside. Sessions will comprise demonstrations, ‘paint-alongs’ and painting en plein air. You will also be able to photograph and print your own scenes ready for painting in the studio. Individual tuition is designed to help you develop your skills and improve your confidence with watercolours. The course is suitable for beginners and those with some experience.

Mike Dobson is an established watercolourist with many years of teaching adults

Residential: £370
Non-residential: £230

M2031 **Friday 7 to
Sunday
9 June** **SAXOPHONE WEEKEND**

A short course for saxophonists with at least 18 months’ playing experience. The course will offer a wide range of opportunities through ensemble coaching and continual tutor support. Participants will be matched with others of similar ability and can expect to play in groups of varying size. Groups will be altered at each session. An extensive music library will be available throughout. For maximum benefit, students should have experience of sight-reading.

Debbie Scherer and Sarah Jobson are both members of the SaxShades quartet and the Yorkshire Saxophone Choir

Residential: £200
Non-residential: £136

W2032 **Friday 7
to Sunday
9 June** **PUBLIC SPEAKING ~
EFFECTIVE PUBLIC
SPEAKING AND INTERVIEW
PREPARATION**

Alan Taylor is a retired Circuit Judge experienced in teaching public speaking and interview skills

Residential: £195
Non-residential: £131

Having to ‘say a few words’ can happen quite often in everyday life. Some people find it easy; for others it is a daunting task. There are all kinds of occasions when we are asked to speak in public, make a presentation or have to attend an interview. Good public speaking is a skill which can be taught and who better to do that than a retired judge. The course requires no prior presentation. It involves a great deal of student participation.

C2033 **Friday 7
to Sunday
9 June** **WILDLIFE WOODCARVING**

Students will be taken through all aspects of carving a bird or an animal – but will be able to do all the work themselves under the tutor’s close supervision. The use of different tools and their care and sharpening will also be covered.

Ron Dickens is a professional woodcarver, experienced walker and naturalist who exhibits nationally

Residential: £195
Non-residential: £131

D414

**Sunday 9
June
8 pm**

ENCORE OPERA

The Encore Opera group will again be performing a programme of classical and romantic opera with many popular choruses and ensembles. The group has performed throughout the north-west and brings its own special blend of music, passion and romance to the well-known operatic repertoire.

Encore Opera is a Cumbrian opera group formed in 1992 and directed by David Chapman

Concert only - £10
Including dinner at
6.30 pm - £30

A2035

**Sunday 9
to Friday
14 June**

ASPECTS OF LANDSCAPE ~ PAINTING IN ACRYLICS

A closer look at the components of landscape painting, composition and mood will involve considering the effects of weather, times of day and choices of colour and paint handling. There will be a chance to paint outside, with all the subject matter found within the landscape.

Linda Birch is an established artist and tutor with a background in book illustration and painting

Residential: £450
Non-residential: £285

N2037

**Tuesday 11
to Friday
14 June**

CUMBRIAN GARDENS ~ OLD & NEW ~ LARGE & SMALL

David Haigh is former Head of Horticulture at Newton Rigg College, and a freelance garden writer, lecturer and radio broadcaster

Residential: £300
Non-residential: £195

This course will take in gardens ranging from the grand old to the charming modern. At Lowther Castle, set in 130 acres, we will see and hear about the on-going restoration of this once great garden which was forgotten about for 70 years. The relatively new garden at Winton Park occupies 3 acres and contains both traditional and contemporary features. We will visit 3 other private gardens including Henley Syke which, although only half an acre in size, is an absolute gem.

H2038

**Friday 14
to Sunday
16 June**

DEATH & THE AFTERLIFE IN ANCIENT EGYPT

Victor Blunden is a teacher and Egyptologist, and co-editor of 'Ancient Egypt' magazine

Residential: £195
Non-residential: £131

Much of what we know of the ancient Egyptian was buried with them in their tombs. This course will look in detail at the preparations the ancient Egyptians made for the afterlife. Students will learn about mummification, the design and decoration of a tomb, and the methods employed (both physical and magical) to preserve the body & protect the Ka (spirit/soul) from harm.

C2039 **Friday 14
to Sunday
16 June**

Debbie Lucas has been making felt for many years and has worked as Artist in Residence in schools throughout Cumbria

Residential: £195
Non-residential: £131

C2040 **Friday 14
to Sunday
16 June**

Tracey Spurgin trained in fashion design and textiles and is an experienced art clay tutor

Residential: £195
Non-residential: £131

FELTED VESSELS

Make a selection of pots, bowls and containers using natural wools, dyed wool along with silks and threads for interest. This is a wet felting course with rolling and rubbing. Materials will be available at cost from the tutor.

SILVER AND GLASS

Dichroic glass and silver clay are a match made in heaven. The stunning colourful dichroic glass works seamlessly with fine silver clay to create beautiful wearable art jewellery. Start the workshop creating your own dichroic glass cabochons then progress to learn all the top tips and secrets to capture the glass in silver. The suggested projects will work on creating a focal pendant and matching earrings set.

F2042 **Sunday 16
to Friday
21 June**

Tony Duncan is a mountaineer with 30 years' experience working in outdoor education in the UK and the Arctic

Residential: £445
Non-residential: £280

A2044 **Sunday 16
to Friday
21 June**

Ed Hinkley has exhibited and taught in Chicago and throughout the American Mid-West for over 25 years

Residential: £445
Non-residential: £280

**DISCOVER LOWER
LAKELAND**

We shall spend the week exploring a different valley or area each day and covering some 8 miles taking in some of the lower tops. Walking will be on well trodden but sometimes rough paths but always at a leisurely pace allowing time for photographs and even the occasional tea shops! Level 1-2 walking.

**WATERCOLOUR/GOUACHE ~
MIXED MEDIA TECHNIQUES
FOR DEVELOPING
EXPRESSIVE PAINTINGS**

This course will explore the properties of watercolour and gouache, separately and combined, with an emphasis on generating quick studies that will be the basis for more fully developed paintings. You'll be encouraged to experiment with these media and push the boundaries of your current working style. Students will be working with personal resource material which may include still life, books, photos or the surroundings of Higham Hall. Representational and abstract painters welcome.

M2045 **Friday 21
to Sunday
23 June**

Alan Cuckston is a professional concert artist, conductor and lecturer

Residential: £195
Non-residential: £131

H2046 **Friday 21
to Sunday
23 June**

Sue Wood is the senior archivist for Northumberland County Council and has many years' experience of family history research

Residential: £195
Non-residential: £131

**DEBUSSY, RAVEL &
IMPRESSIONISM IN MUSIC**

Like the French Impressionist painters, Debussy wanted music not merely to represent Nature but to reflect the mysterious correspondence between Nature and the imagination. Both he and Ravel extended the orchestral palette, evolving unusual colours and forming mosaic-like designs within a new sense of harmonic space.

FAMILY HISTORY

This weekend course is aimed at family historians who have used basic sources and possibly the internet to undertake research and would like to take their research a little further. We will look at how you can use and access Board of Guardians, parish chest records and education records to discover more about your ancestors. The course will also provide an introduction to using both local and archives and consider how we might access information on the internet.

C2047 **Friday 21
to Sunday
23 June**

Doug Mitchell is a conservator at the British Library, restorer and gold leaf finisher

Residential: £200
Non-residential: £136

C2049 **Sunday 23
to Friday
28 June**

Julie Andrews is an enthusiastic needlework teacher with many years' experience

Residential: £445
Non-residential: £280

SEWN BOARD BINDING

The structure of the sewn board binding is associated with the advent and advancement of the codex format book in late antiquity. This particular sewn board technique was designed by Garry Frost and has become one of my favourite versatile book structures. Our aim is to reproduce the binding using the Coptic chain stitch and an ingenious board attachment along with various modern materials and fabrics to make a very satisfying, tactile and, most importantly, flat opening book structure.

QUILTERS' RETREAT

Make a 24" wallhanging which has a crazy block look or a quilt by a different method, but similar effect. Larger quilt, Radiant Star, has a spectacular effect. Many bag options, including a new handbag. Also see the new look appliqué, and pretty 3D flowers.

C2050 **Monday 24**
to Thursday
27 June **THE CREATIVE APPEAL**
OF CROCHET

Pauline Turner is the founder and organiser of the International Diploma of Crochet, a member of the Crochet Guild of America and author of several books

Residential: £295
Non-residential: £185

Beginners to Experienced Crochet workers welcome. Choose from a simple tree in a ring, improving your crochet techniques, working with mixed media, and a nature-inspired free-form picture. You start with what you want from the course. Listen to what other groups are doing, continue your hands-on crochet in your group and get a maximum input for future crochet projects at home. Stuck with a project? Bring it along for solving.

D415 **Wednesday**
26 June
9.30 am –
5 pm **FANTASY FELTED BIRDS**

Sue Allen from SewSister in association with Woolfest

£40 including coffee, lunch and tea

Come and join Sue for a fun day that will definitely satisfy your creative soul. You will learn how to create an armature onto which you will dry needlefelt wool fibres and fabrics, and then with the addition of further embellishments and wired legs you will create your very own fantasy bird!

D416 **Thursday 27**
June
9.30 am – 5
pm **FABULOUS**
NEEDLEFELTED DOLLS

Sue Allen from SewSister in association with Woolfest

£40 including coffee, lunch and tea

This day will inspire your creativity and most importantly – be fun! Using an armature as the base, you will add fibre and fabrics to create your doll before being taken through all the steps needed in order to complete the making of your fabulous creation.

M2051 **Friday 28**
to Sunday
30 June **FLAMENCO**

Amarita Vargas has been teaching and performing flamenco in the UK for many years. She regularly spends time in Andalucia absorbing the culture and deepening her knowledge of flamenco

Residential: £195
Non-residential: £131

Flamenco is a dynamic and passionate dance form from Andalucia. It has its origins in Arabic, Indian, Sephardic Jewish and Gypsy culture as well as traditional local rhythms from the region. This combination of elements gives historical depth and emotional resonance to expression through music, song and dance. The course will introduce participants to Sevillanas. Sevillanas is danced with a partner, but there is no need to bring a partner with you to take part in the course. This dance form is practised by both men and women and is one of the principal forms of social enjoyment at festivals and fiestas throughout Andalucia.

C2053 **Friday 28
to Sunday
30 June**

David Bowen repairs chairs throughout the UK. He specialises in cane and seagrass seat repair and restoration work

Residential: £195
Non-residential: £131

M2058 **Friday 5
to Sunday
7 July**

John Clegg is an international concert pianist and Steinway recording artist under the Paradisum label

Residential: £195
Non-residential: £131

**CANE AND SEAGRASS
RESEATING**

Any chair or stool of a reasonable size may be brought and re-seated in suitable cane or sea-grass material (*but not rush*). The course aims to give the student sufficient knowledge under instruction to complete the project.

PIANO WORKSHOP

A course for up to ten players, some of whom may wish to present works for piano duets, and any number of listeners, with performing standard of Grade 7 or above expected. Each performer to play a prepared programme of about 25 minutes which will be discussed by all afterwards. Main topics for discussion will centre on style, technical ability and presentation. The two sessions on Sunday morning will be devoted to a recital in which all players will take part, playing pieces chosen by mutual consent. Visitors and course listeners are very welcome to attend, and the course is, as always, strictly non-competitive.

A2060 **Friday 5
to Sunday
7 July**

Susan Christopher Coulson is a professional botanical illustrator and experienced teacher

Residential: £195
Non-residential: £131

**SUBJECTS FROM A SUMMER
POTAGER IN COLOURED
PENCIL**

Flowers, fruits, herbs and vegetables can all be grown together in a potager plot to combine the decorative with the edible. Create a small composition that captures some of the abundance and delights of this season. The aim is to make an accurate study observing botanical details. There will be an opportunity to sample a wide variety of coloured pencil types with examples of work and demonstrations to show techniques as well as lots of individual attention, conducted in a relaxed atmosphere, where you can work at your own pace. The course is suitable for beginners as well as those with some experience.

D419

**Saturday
6 July
1.30 – 5.30 pm**

**HANDS UP FOR MORE
BRITISH SIGN LANGUAGE**

Maxine Berry is an experienced teacher of the deaf and is a specialist in British Sign Language

£18 including tea

If you are interested in developing your sign language skills further and would like to refresh your skills, then this is the course for you. The aim of this practical and informal workshop is to develop your vocabulary and provide a deeper understanding of this fascinating language. The session can be adapted to meet your specific needs. You will be guided through vocabulary that you may use when in contact with sign language users, for example: medical staff, police and education or customer services. Please contact the tutor on sign.scape@yahoo.co.uk for the subject areas you wish to cover.

A2061

**Sunday 7
to Tuesday
9 July**

**THE SPIRIT OF THE NORTH
~ NORDIC LANDSCAPE
PAINTING**

Tim Stimson has spent the last 25 years lecturing in 17th and 19th Century art history

Residential: £195

Non-residential: £131

In Northern Europe, landscape painting has a powerful hold on our visual culture, and none more so than in Scandinavia, where far-Northerly folk have found a kinship with nature to be indispensable. The 19th Century paintings of snow and sun, rock and forest, mountain and fjord – and the people who lived there – helped confirm their difference from Mediterranean culture and shaped their national identity.



IT2062

**Sunday 7
to Tuesday
9 July**

**ABSTRACT ACRYLIC USING
PHOTOGRAPHS**

Karen Walker has many years' experience in fine art and design and exhibits in a variety of mediums

Residential: £225
Non-residential: £155

Use inspiration from manipulated photographs taken at Higham to produce a unique acrylic painting. Explore elements to give your art work a new dimension, culminating in an acrylic painting with a difference. Previous experience of digital photographs is not required.

IT2063

**Sunday 7
to Tuesday
9 July**

**EXPLORE YOUR DIGITAL
SINGLE LENS REFLEX
CAMERA**

Paul Walker has taught Graphic Illustration and Printing for many years. He is a professional illustrator and photographer

Residential: £225
Non-residential: £155

This course is designed for those photographers who have just upgraded to their first digital SLR camera. By using practical methods the course will open up the capability of your SLR and improve your ability to navigate your camera. Photograph the outstanding views in and around Higham Hall, develop your compositional eye and look at night photography. Additional equipment for the SLR will be looked at as well as macro and narrative photography. You will see how you can use computer applications to alter and improve your image, creating the perfect photograph.

N2065

**Tuesday 9
to Friday
12 July**

**CUMBRIAN GARDENS ~ OLD
& NEW ~ LARGE & SMALL**

David Haigh is former Head of Horticulture at Newton Rigg College, and a freelance garden writer, lecturer and radio broadcaster

Residential: £300
Non-residential: £195

This course will take in gardens ranging from the grand old to the charming modern. At Lowther Castle, set in 130 acres, we will see and hear about the on-going restoration of this once great garden which was forgotten about for 70 years. The relatively new garden at Winton Park occupies 3 acres and contains both traditional and contemporary features. We will visit 3 other private gardens including Henley Syke which, although only half an acre in size, is an absolute gem.



IT2066
**Tuesday 9
to Friday
12 July**

Paul Walker has taught Graphic Illustration and Printing for over 20 years. He is a professional illustrator and photographer

Residential: £325
Non-residential: £220

C2069
**Friday 12
to Sunday
14 July**

Jo Mabbutt is a decorative artist specialising in gilding with print and hand painting on paper, textiles and glass

Residential: £195
Non-residential: £131

**DIGITAL SINGLE LENS
REFLEX ~ USING THE RIGHT
LENSES**

This course is designed for those photographers who have upgraded to a digital SLR camera, and wish to gain a better understanding of the many types of lenses available. You will be able to photograph the outstanding views in and around Higham Hall, and develop your compositional eye. Additional equipment for the SLR such as filters and non-specific lenses and Macro lenses and tethered shooting will also be looked at.

METALLICS MIXED MEDIA

This course will introduce a wide range of metallic media including real metal leaf, metallic powders and metallic transfer foil. Students will experiment with colouring, distressing and texturing metallic surfaces using a variety of techniques on different surfaces – paper, plastics, textiles etc. Students are encouraged to explore combinations of media on both flat and raised surfaces and will build up a collection of experimental samples which will provide dramatic starting points for future use and further embellishment.

C2070
**Friday 12
to Sunday
14 July**

Simon Ireland has run his own upholstery business for many years, and has been teaching upholstery for almost as long

Residential: £195
Non-residential: £131

C2072
**Sunday 14
to Saturday
20 July**

Anne McDarby is an experienced jewellery maker and teacher

Residential: £545
Non-residential: £330

UPHOLSTERY

Does your chair need a new cover? Is the seat tired and sagging? Would you like a new look for your headboard or stool? If yes, then this is the course for you. Bring the item and new fabric and we will transform it. Expert tuition is given at every stage and the tutor will supply all the necessary equipment at cost.

**SILVER JEWELLERY
SUMMER SCHOOL**

This course is suitable for any level of jewellery making experience. The course offers an opportunity to learn basic jewellery making skills. Each day there will be a demonstration of a different technique, with the chance to produce a sample piece. Over the course of the week students could make five test pieces of various techniques that could be assembled to make a single piece, or if preferred, can work on a single project of their own choosing.

C2073 **Monday 15** **WHITEWORK**

to Thursday
18 July

Helen McCook works professionally as a textile artist, designer, embroiderer, teacher and consultant. She trained at the prestigious Royal School of Needlework at Hampton Court Palace

Residential: £300
Non-residential: £195

Learn the art of whitework using a combination of techniques. Demonstrations and individual tuition, combined with examples of the tutor's own work, will be used to guide you. Suitable for all levels including beginners. Extend your studies with the follow-on session....

C2074 **Thursday 18** **HAND EMBROIDERY**

to Sunday
21 July

Helen McCook works professionally as a textile artist, designer, embroiderer, teacher and consultant. She trained at the prestigious Royal School of Needlework at Hampton Court Palace

Residential: £300
Non-residential: £195

Learn a new skill, have your embroidery problems resolved, advance your skills from the previous session, or simply complete any of your unfinished embroidery projects from home under the guidance of an experienced Royal School of Needlework graduate.

**Book both Embroidery courses
C2073 & C2074 and save £40**





W2075

**Saturday
20 to
Friday 26
July**

BRIDGE

This course is not intended for beginners, but any players with at least two years' experience in the game are welcome. The seminar topic on this occasion will be Competitive Bidding. Seminars will discuss what Competitive Bidding is and how it differs from constructive bidding. Set hands will be played to illustrate each seminar and duplicated notes will be provided. There will also be sessions playing randomly dealt hands (hand records provided), followed by discussion of instructive points.

Philip Wraight has played Bridge regularly for over 30 years at club and county level. He is a professional EBUTA Bridge teacher

Residential: £515
Non-residential: £305

L2079

**Friday 26
to Sunday
28 July**

**A MIDSUMMER NIGHT'S
DREAM**

A Midsummer Night's Dream has been, from its first performance, a play for a special occasion, and it has become the quintessential outdoor treat, with its gorgeous poetry, its inspired farce and its blend of the exotic and the earthy, with just enough sombre tinting to set off the rich colours of romance and magic. Everyone is there to celebrate marriage in the palace of Theseus at the end, after mysterious adventures in the woods – why not join them?

Hugh Parry has been a freelance adult education tutor of Literature for over twenty years

Residential: £210
Non-residential: £145

D420

**Saturday
27 July
3.00 pm
Open from
1.30 pm for
picnics**

**A MIDSUMMER NIGHT'S
DREAM ~ an open air
production in the gardens**

The Players return with the ever-popular *Dream*. You can be sure of an exciting and very professional performance. Bring your own seating.

The Festival Players
Theatre Company

£13.50 adults
£10 school children

C2084

**Sunday
28 July to
Saturday 3
August**

JAPANESE CALLIGRAPHY

The course will look at the history and origin of calligraphy followed by an explanation of tools and then writing with individual attention. This is a rare and special opportunity to work with a leading calligraphy teacher from Japan.

Ransetsu Ozawa is a professional calligrapher and teacher in Tokyo

Residential: £545
Non-residential: £330

D423 **Saturday 3** **T'AI CHI**

August
10 am -
4.30 pm

Sheila Aimson is a member of the T'ai Chi Union of Great Britain

£40 including coffee, lunch and tea

T'ai Chi involves slow, flowing movement which encourages quietness, awareness and relaxation. The day will include simple breath exercises and short movement sequences and is suitable for all ages and levels of experience.

A2086 **Sunday 4** **WORKING FROM THE LIFE**
to Sunday **MODEL**
11 August

Michael Stewart has been teaching fine art and art history for many years in adult education, on study tours, and at the University of Leeds

Residential: £680
Non-residential: £450

Working from life has been a central element of art education for centuries. We will be following the example of artists like Degas, Bonnard, Picasso and Matisse all of whom made the figure their focus. This course will concentrate on three key areas of image-making: composition, markmaking and the use of materials. Students' increased understanding and confidence with these three elements is likely to lead to the creation of more challenging and original work. The course is not suitable for beginners and students should have some recent experience of painting from life.

F2087 **Sunday 4** **WAINWRIGHT TOPS**
to Saturday **EXPLORED**
10 August

Tony Duncan is a mountaineer with 30 years' experience working in outdoor education in the UK and the Arctic

Residential: £540
Non-residential: £325

We aim to explore the valleys and mountains popularised by A. Wainwright in his very detailed books. The first few days will be taken very gently allowing ample time for photography as well as brushing up on navigation skills. Level 2-3 walking.

M2089 **Sunday 11** **JAZZ PLAYERS' SUMMER**
to Sunday **SCHOOL ~ WITH 'THE**
18 August **LEGENDARY' ALAN**
BARNES, SAXOPHONIST

Len Phillips is a professional tutor, plays the alto sax and leads both a 7-piece and a 16-piece band

Residential: £525
Non-residential: £300

A jazz course for players of all instruments who are able to play jazz and read music to rehearsal band standard. This will be a relaxed and enjoyable week playing jazz from the Swing period to Bebop styles in small groups. Applicants are requested to contact Len Phillips on 01322 521 515 or by email on lenphillips@btinternet.com before enrolling at Higham.

D424

**Saturday
17 August
8 pm**

JAZZ CONCERT

A lively and diverting evening of mainstream jazz led by the irrepressible Len Phillips and performed by all the players from the week's residential jazz course.

Tickets £6

C2090

**Sunday 11
to Sunday
18 August**

GET A-HEAD! CERAMIC SCULPTURE

'Your face is as a book where men may read strange matters'. Explore the fascinating subject of the human face through making a ceramic sculpture. Martin will guide your steps from a lump of clay to a finished piece using his tried and tested techniques whatever your skill level or experience. The first part of the week will be making sculptures concentrating on the human face, up to 30cm tall. These will be glazed and fired in a raku kiln on the Saturday ready to take home. The second half of the week develops the methods of the first, making a larger scale piece using Cumbrian brick clay. This will be left at the college to be fired and students will be notified when they may collect the completed work.

Martin Copley is a professional sculptor and teacher

Residential: £650
Non-residential: £400

C2091

**Sunday 18
to Friday
23 August**

ABSTRACT SCULPTURE

Halima Cassell is an internationally exhibited professional ceramicist with an enthusiasm for abstract work

This course will concentrate on making sculptural forms and relief pattern, including relief tiles. We will look at the importance of strong design and its relationship with making 'thoughtful' pieces. This is a unique opportunity to work with an artist who is rapidly establishing an international reputation.

Residential: £490
Non-residential: £310



M2092 **Monday 19
to Friday
23 August**

Louise Latham is a professional violinist and teacher. A member of the Northern Chamber Orchestra, she also teaches at Lancaster University

Residential: £410
Non-residential: £275

IT2094 **Friday 23
to Sunday
25 August**

Mark Elliott is a professional photographer specialising in portrait and landscape

Residential: £200
Non-residential: £136

**CHAMBER MUSIC
SUMMER SCHOOL**

This course is for pre-formed trios, quartets and quintets. Groups will work together in the mornings at self-selected repertoire. The afternoons are free to explore the beautiful surroundings. The remaining sessions will be for mixed ensembles. A large library of music will be available for exploration. The professional tutors will be Louise Latham and Michael Beeston.

**LANDSCAPE PHOTOGRAPHY
WITH YOUR DIGITAL
CAMERA**

The course will combine classroom-based and outdoor sessions, covering: light, composition, exposure, maximising the sharpness of your images, lens choice, filters, aperture, shutter speeds, ISO settings, white balance, JPeg colour settings and focusing. It's an un-missable course for anyone wanting to capture stunning landscape photographs. To get the best out of the course, you'll need a Digital SLR or bridge camera, rather than a basic compact and a tripod, camera manual, note book and pen.

C2095 **Friday 23
to Sunday
25 August**

Doug Mitchell is a conservator at the British Library, restorer and gold leaf finisher

Residential: £195
Non-residential: £131

A2098 **Sunday 25
to Friday
30 August**

Lionel Playford is a Master of Fine Art and a professional landscape painter

Residential: £450
Non-residential: £285

BOOKBINDING PLAYTIME

Yes it's playtime! A weekend of completing all those books that are nearly finished or have no lettering (titles), a project you would like to start and just need a helping hand, or an old book whose pages are in need of that extra loving care. Let's see what we can accomplish.

**PAINTING SUMMER
SCHOOL ~ EXPLORING AN
INDUSTRIAL LANDSCAPE OF
WEST CUMBRIA**

The Florence Mine near Egremont in West Cumbria was until recently the last working haematite deep mine in Cumbria and is now being developed as an arts centre. The painting Summer School this year will include a couple of sketching field trips to the mine as a source of ideas and imagery for painting. This offers a mix of authentic mine buildings and equipment, which have not been tidied up for tourism, plant life reclaiming the environment and a backdrop of the Western Lakes – a fertile ground for the artistic imagination. There will be plenty of studio time to work up your ideas with the usual professional support from the tutor.

C2101 **Friday 30
August to
Sunday 1
September**

Irene Coulthard is a recognised expert in this field with many years' experience

Residential: £195
Non-residential: £131

**HAND EMBROIDERED
CALICO GARDENS**

With inspiration from gardens and architecture you will learn new techniques and produce fascinating textures to represent flowers, doors, windows and stone walls. The course is structured to cover all levels of ability, starting on a small sample and progressing to larger pieces. You can look forward to producing a highly original piece of work to treasure.

C2103 **Friday 30
August to
Sunday 1
September**

Peter Collins is a printmaker, wood engraver and experienced adult education tutor

Residential: £195
Non-residential: £131

**PRINTMAKING ~ WOODCUT,
WOOD ENGRAVING &
DRYPOINT**

Try one or all of these handmade printmaking techniques: woodcut on softwood, wood engraving on hardwood or plastic, or drypoint – drawing with a steel point on metal. This is a step by step course for beginners or those with some experience – no formal art education necessary, just curiosity for making prints with handmade tools.

D425 **Sunday 1
September
2 – 5 pm**

Tim Stimson has spent the last 25 years lecturing in 17th and 19th Century art history

£16 including tea

KLIMT

Gustav Klimt, after years of dismissal as merely a decorative artist, has now been recognized as not only the greatest artist of Vienna – of both the last Hapsburg era and the revolutionary secession – but also a pioneer of the depiction of women. Understanding Freud's critique of sexual repression, the frankness of his pictures polarised contemporary opinion and contributed to the development of modern attitudes which are still evolving.



T2104 **Sunday 1
to Friday 6
September**

Local guides with Alex
Alexandre as group leader

Single en-suite room: £550
Deposit: £50

**DISCOVERING BRITAIN
~ LIVERPOOL AND THE
MERSEY**

This year we will be staying at
Liverpool University and visiting
the many remarkable buildings
and places in the area including
Port Sunlight, the Albert Dock, two
famous cathedrals, Speke Hall and,
as usual, a number of lesser known
surprises. Exploring the unusual
will feature strongly.

A2105 **Sunday 1
to Friday 6
September**

Patrick Oates is a
figurative fine artist and
art historian with many
years' experience in Higher
Education

Residential: £475
Non-residential: £315

**DEVELOPMENTAL LIFE AND
PORTRAIT WORKSHOP**

This exciting workshop explores the
human figure through alternating
daily sessions of portraiture and
life drawing and painting. Different
models introduce variety and
dynamic to the practical sessions,
and the workshops offer different
stylistic approaches to our art
making, through formal teaching
with an 'academic' bias to highly
informal and expressive techniques.
Patrick will demonstrate and
explain the fascinating intricacies
of the subject through a series of
beautifully illustrated slide shows.
Beginners and experienced artists
are welcome and fully supported
throughout.

A2106 **Monday 2 to
Wednesday
4 September**

Tim Stimson has spent the
last 25 years lecturing in
17th and 19th Century art
history

Residential: £195
Non-residential: £131

**CAILLEBOTTE ~ THE
NEGLECTED IMPRESSIONIST**

A man of independent means,
devoted to the Impressionist
exhibitions, without whose
organisation and enthusiasm
many would have failed, Gustave
Caillebotte contributed a series of
unsurpassed Paris street paintings
and views of everyday life, which
languished unknown in private
collections until recently. We will
consider his paintings in the context
of fellow Impressionists and the
modernisation of Paris, whilst
sampling his sometimes eccentric
and unpredictable output!

D428 **Friday 6
September
10 am – 4
pm**

Free

HERITAGE OPEN DAY

We are pleased to offer an open
invitation to all to visit the house
and gardens as part of the National
Heritage Open Week. Hear about
the history of the house, join a
garden tour, enjoy music, art and
craft events, see what goes on at
Higham . . . and have tea . . . all
for free.

M2108 **Friday 6 to
Sunday 8
September**

Alex Gledhill is a qualified teacher of Arabic Dance

Residential: £195
Non-residential: £131

**INTRODUCTION TO
ARABIC DANCE**

Come and join us in a relaxed and friendly atmosphere looking at the basic moves, a simple choreography, a veil dance, costumes, history, rhythms and some of the different styles and ideas of the dance, also known as Belly Dance, Raqs Sharqi or Oriental Dance. No previous dance experience required, just a willingness to 'have a go' and a sense of humour!

C2109 **Friday 6 to
Sunday 8
September**

Simon Ireland has run his own upholstery business for many years, and has been teaching upholstery for almost as long

Residential: £195
Non-residential: £131

UPHOLSTERY

Does your chair need a new cover? Is the seat tired and sagging? Would you like a new look for your headboard or stool? If yes, then this is the course for you. Bring the item and new fabric and we will transform it. Expert tuition is given at every stage and the tutor will supply all the necessary equipment at cost.

D429 **Sunday 8
September
2 – 5 pm**

Michael Travers is a graduate in Classics and Philosophy with many years' experience in adult education

£16 including tea

**LOGIC AND CRITICAL
THINKING ~ A VERY SHORT
INTRODUCTION**

Clear the cobwebs from your brain for an afternoon of clear thinking and precise reasoning! We will consider the basics of logic – premises and conclusions, recognising arguments, deduction and induction, truth and validity, informal fallacies and how to avoid them. Your partner will never misunderstand you again.



M2110 **Sunday**
 8 to
 Friday 13
 September

Theatre by the Lake, Keswick's technical and creative teams will lead the sessions, and the course is hosted by Jim Smith & Eileen McLean

Residential: £640
Non-residential: £460

EXPERIENCE THEATRE

In partnership with Theatre by the Lake this popular course provides the opportunity to see all six plays from the summer season. These are: *See How They Run* (Philip King); *An Inspector Calls* (J.B. Priestley); *She Stoops to Conquer* (Oliver Goldsmith); *Vincent in Brixton* (Nicholas Wright); *'Tis Pity She's a Whore* (John Ford) and *The Shape of Things* (Neil Labute). On each occasion you will be transported to the Theatre by the Lake to watch the play as a group (tickets, programmes and transportation are included) and then the following morning discuss your reaction to each performance, practising the art of the theatre critic. In addition you will have the opportunity to hear something about the work of each playwright, meet with stage management, directors and members of the company, becoming better acquainted with the work of the Theatre.

A2112 **Sunday 8 to**
 Wednesday
 11 September

Hazel Lale is a professional artist, illustrator and teacher whose work is widely exhibited

Residential: £295
Non-residential: £185

FACES, FIGURES AND COLOUR

The theme of faces and figures is a complex, intriguing subject. Historically, artists have puzzled over the portrayal of the human form and portraiture. This short course can only be an introduction at looking and interpreting. So, required is the ability to leave behind your preconceived ideas of what you think is there and start 'listening' with your eyes. A life model will be used for part of the course. Enthusiasm, patience, ability to draw plus experience with painting is a must. This is not a course for beginners.

C2113 **Wednesday**
 11 to
 Friday 13
 September

Jane Matthews is a designer and tutor of Stitched Beaded Jewellery at workshops in the UK and aboard cruise ships

Residential: £195
Non-residential: £131

STITCHED BEADED JEWELLERY

This course is created for every ability to enjoy. If you're new to working with beads, you'll have the thrill of choosing the beads and wearing your unique piece of jewellery; if you already have experience you can develop your skills and try something different. You'll choose your project to work on from the many and varied design samples on display.

M2114

**Friday
13 to
Sunday 15
September**

WHO WAS THE REAL ANTONIO SALIERI?

Julian Williamson has been a conductor and lecturer for many years, both in the UK and abroad

Residential: £195
Non-residential: £131

The name of Salieri has had an appalling press for many years. Legends have built up about him murdering Mozart, which were hardly helped by derogatory works by Pushkin, Rimsky-Korsakov and, more recently, Peter Shaffer – all of which has resulted in him being viewed as a kind of musical pariah. This could not be further from the truth, and it is time to set the record straight. In fact, Salieri was one of the most important musicians in Europe for some fifty years. He was held in high esteem by all the great musicians of the day – Gluck, Haydn, Mozart, Schubert and Beethoven – who admired his works and honoured him as one of the finest teachers of his age. We will delve into this fascinating character and, with the help of some of his rarely heard music, build a picture of a great man who, sadly, has been so abused by history.

C2115

**Friday
13 to
Sunday 15
September**

STUMPWORK

A York Minster broderer for many years, Jane Matthews is very experienced teaching mixed media and stitching techniques

Residential: £195
Non-residential: £131

Learn how to stitch traditional Elizabethan Stumpwork creating insects, fruit, small animals and flowers worked on a background of heavy silk using coloured silks and metallic threads. If you would like to create a modern piece then any design which is raised is considered to be stumpwork and your design inspiration can be taken from a book, picture or photograph using any fabric and threads you feel appropriate to add texture to your project.



D430 **Saturday 14** **ALEXANDER TECHNIQUE**

September
10 am – 4.30 pm

Vida Hedley is a professional teacher of movement and dance

£40 including coffee, lunch and tea

This is an opportunity to slow down and spend a day using the Alexander Technique to heighten awareness of your movement. You will learn a more efficient and easier way of walking, sitting, bending and moving.

A2118 **Sunday** **PAINTING IS DEAD ~ LONG**
15 to **LIVE PAINTING!**

Friday 20
September

Steve Humble is a working visual artist and cultural theorist

Residential: £450
Non-residential: £285

Contemporary Art History is littered with narratives which conjure the 'death' or end of painting. This course will engage students with ways to invigorate the painting practice, within the context of early 20th Century culture. Through a series of exercises, discussions, demonstrations and a variety of subject material, students will be pushed to extend their thinking of painting, as a visual art practice and to develop their technical handling of media. Some level 1 walking may be involved.

N2119 **Monday 16 to** **BEGINNERS' BIRDWATCHING**
Wednesday
18 September

Keith Offord is a professional ornithologist, photographer, tutor and tour leader

Residential: £200
Non-residential: £136

How can you tell a Kestrel from a Sparrowhawk? What does the call of a Nuthatch sound like? Which binoculars should you choose? These and other questions will be answered in this course, aimed at taking the newcomer to birdwatching through all the basics from elementary anatomy to behaviour and identification skills. Each day will be a mixture of theory and practice, the emphasis being placed upon a relaxed and enjoyable few days.

N2120 **Wednesday** **WILDLIFE THROUGH**
18 to **THE CAMERA**
Friday 20
September

Keith Offord is a professional ornithologist, photographer, tutor and tour leader

Residential: £200
Non-residential: £136

The opportunity to photograph wildlife surrounds us daily. This course is designed for the beginner who may only have a basic camera and wishes to learn more about the skills and compositional elements which make a good photograph. Much of the activity will be in the grounds of Higham Hall (including having a go in a hide!) although there will be an outing to put into practice compositional skills. There will be a certain amount of walking and so it is essential that you are reasonably mobile.



M2122 **Friday 20 –
Sunday 22
September**

Hugh Parry has been a freelance adult education tutor of Literature for over twenty years

Residential: £195
Non-residential: £131

WAXING LYRICAL

Fifty years after the demise of the 78rpm record, a few people still like to turn a handle for a 2-minute song overlaid with crackle! Switch off the CD player, suspend the downloading and be entertained by the music of your youth, and that of your parents and grandparents. On a variety of machines, dating from 1900 onwards, discs and cylinders will proudly reveal their secrets. Be prepared for everything from chamber music to rock'n'roll.

C2123 **Friday
20 to
Sunday 22
September**

Karen Quickfall is an experienced teacher of embroidery and stumpwork

Residential: £195
Non-residential: £131

RUSKIN LACE

Ruskin Lace is a very distinctive form of lace which originated as a cottage industry in the Lake District. It is worked on linen using a combination of drawn thread and cut linen work with the geometric designs being created using needlepoint lace techniques. The course is suitable for both beginners, who can purchase a starter pack (£9) from the tutor, and for those with more experience.

A2124 **Friday
20 to
Sunday 22
September**

Patrick Oates is a figurative fine artist and art historian with many years' experience in Higher Education

Residential: £195
Non-residential: £131

**GATHERING IMAGES
~ INNOVATIONS IN
SKETCHBOOK TECHNIQUES**

Recording landscapes in our sketchbooks allows for an immediate response to remarkable scenery whilst on our travels. This course develops rapid techniques in pen and pastel that captures those 'moments' in particularly beautiful ways. A local excursion and wonderful evening slideshows will enhance the experience and enable a permanent record of your travels to be made.



D431

**Saturday
21
September
10 am –
4.30 pm**

YOGA

This day course is suitable for all levels of Yoga experience. It is essentially a day of practical Yoga, using posture, breathing and meditative techniques and a little bit of theory, with the focus on the physical body.

Anne McDarby is a member of the British Wheel of Yoga with many years' teaching experience

£40 including coffee, lunch and tea

D432

**Sunday 22
September
2 – 5 pm**

**LANDSCAPE AND
TOPOGRAPHICAL PAINTERS
OF THE 20th CENTURY**

Patrick Oates is a figurative fine artist and art historian with many years' experience in Higher Education

£16 including tea

After World War I, many 'war artists' adapted their skills of landscape painting to more passive forms of recording the British landscape. Ravilious, Nicholson and John Piper were remarkable in capturing a particular quality of topography that shifted between representational and abstracted values. This course compares many paintings of different styles and techniques – all are inspirational and uplifting.

T2126

**Sunday 22 to
Tuesday 24
September**

FREE UP YOUR FRENCH

John Tickle is a lifelong linguist with many years' experience teaching adults

Residential: £195
Non-residential: £131

This course is for people who may have learned a little French at school, or have some basics, and want to be able to converse with greater ease. You will be guided step by step towards achieving confidence in conversation. How to cope in situations where a rapid response is required will also be addressed along with the provision of a range of useful tips and techniques for success. The workshop will be light-hearted and informal but the aim of the course is to refresh and improve your French so that you *dare* to speak it!

A2131

**Friday
27 to
Sunday 29
September**

THE ROOMS WE LIVE IN

Edward Hollis is an architect and teacher, head of Interior Design at Edinburgh College of Art, and the author of *The Secret Lives of Buildings*

Residential: £195
Non-residential: £131

The interiors we live in are ephemeral affairs, the temporary meetings of architecture, furniture, objects, décor, products and images. Their history is therefore a story not of objects, but of moments that exist, pass, and are remembered – or forgotten. This course takes you through the history of the interior, from the hearths of ancient Rome to the digitised spaces of the present, exploring how the rooms we inhabit today resonate with the echoes of their ancestors – and ours.

C2132
Friday
27 to
Sunday 29
September

Tracey Spurgin trained in fashion design and textiles and is an experienced art clay tutor

Residential: £195
Non-residential: £131

STARTING OUT WITH SILVER CLAY

This weekend course is aimed at the beginner with little or no experience of working with Silver Art Clay. You will be guided through different projects to learn new skills and techniques. Working at your own pace you will use three Art Clay products to create and take home four pieces of fine silver jewellery. Inspired with example, you will become confident and comfortable working with Art Clay and will soon be applying your own creative ideas to your own designs.

N2133
Friday 27 to
Monday 30
September

Paul Nichol is a field mycologist consultant and author with many years' experience teaching adults about mushrooms and toadstools

Residential: £290
Non-residential: £175

GETTING TO KNOW MUSHROOMS AND TOADSTOOLS

Autumn is a wonderful time for walking in the countryside not least because this is the time of year to witness the bonanza of mushrooms and toadstools that can suddenly appear to carpet woodlands and spring up on lawns. This course is intended for those who may have some knowledge of fungi and who want to develop their skills in identification. We will foray in private woodlands and nature reserves as well as exploring those fungi that are associated with grasslands, in particular waxcap grasslands. If your interests in fungi are gastronomic then there will also be something for you!

'LAST MINUTE' B&B @ 30% OFF ~ phone for details or see our website



ARRIVAL

All residential courses start with dinner at 6.30 pm and finish after breakfast or lunch. Please register between 5 and 6 pm on the start day of the course.

COURSES

You will receive a course programme shortly after booking with information on the course content, times, materials and equipment. Our courses cater for students at all levels of experience but please phone for advice on the level of a particular course. Please note that we may vary the course programme or replace a tutor should it be necessary.

ACCOMMODATION

There are 17 en-suite rooms (all with showers) and 8 standard rooms (all with handbasins) in the Hall, and a further 7 rooms in the gatehouse and bungalow (with shared bathrooms). We offer en-suite rooms on a first-come, first-served basis, and you cannot reserve specific bedrooms. Please note that all en-suite rooms have showers and not baths. If you have a standard room, you will have the shared use of 3 shower rooms and 2 bathrooms.

SPECIAL DIET OR VEGETARIAN?

There is always a vegetarian option at lunch but not at dinner, unless you order beforehand. We can usually cater for special diets if you tell us when you book.

SUPPORT FOR PEOPLE WITH A DISABILITY

The main lecture room has a hearing loop and a portable hearing loop is available for use in the smaller rooms. A vibrating fire alarm is also available for residents with hearing difficulties.

There is a ramp for the front door, a wheelchair lift and a customised lavatory so that all of the ground floor (teaching rooms, dining room, bar, sitting room) is accessible to wheelchair users. The bungalow provides ground floor residential accommodation with a suitable bathroom and easy access throughout.

The chair lift on the main staircase enables people who find the stairs difficult to get up and down easily but it cannot be used by anyone who is not independently mobile.

People who can only attend a course with the support of a helper can claim a discounted place for the helper. They will only be charged for meals if they share a room.

CARERS SCHEME

If your responsibilities in caring for other people make it difficult for you to attend a course at Higham, contact us. We may be able to help with support from the Friends of Higham.

CORKAGE

As we have a licensed bar and dining room, we charge corkage at £5 a bottle for wine brought in.

LIBRARY

We welcome donations of books to expand our library stock. Books on art, architecture, crafts, music, fashion, history, language, literature and science are greatly appreciated.

BRINGING A FRIEND

We are happy to accommodate a friend who is not attending a course. They can share a room with you, or request a room, and will be charged our standard bed and breakfast rate plus VAT.



GENERAL INFORMATION

General Information





HIGHAM HALL

BASSENTHWAITE LAKE
COCKERMOUTH
CUMBRIA CA13 9SH
www.highamhall.com
tel: 01768 776 276
fax: 01768 776 013
e-mail: admin@highamhall.com

EXPERT TUTORS EXCELLENT FOOD

OTHER ACCOMMODATION

Local B&B accommodation is usually available when all the college rooms are taken. We can put you in touch with a number of guesthouses close by and you can then book directly with them. Or you can bring your own caravan and enrol as a non-resident for £7 a night for each person. Water, toilets and showers are available in the college (between 7 am and midnight) but please note that there is no disposal for chemical toilets or electrical hook-up.

BUNGALOW TO LET

We have a bungalow in the grounds, which we let out occasionally, when it is not used as accommodation for our courses. It is fully equipped and suitable for wheelchair users. At £400 a week, including heating, electricity, bed linen and towels, it is very good value. Information available on request.

PUBLIC TRANSPORT

The nearest convenient railway station is at Penrith. The most convenient bus stop is at The Wheatsheaf, Embleton (about half a mile from the college) for the bus from Penrith or Cockermouth. We can meet you at this bus stop, if you phone us beforehand.

FRIENDS OF HIGHAM

The Friends of Higham is a separate charitable organisation supporting the college with bursaries and special project grants and, of course, looking out for the college in any way it can. Membership costs £10 a year and if you join you will receive a newsletter and a copy of each brochure ahead of the usual mailing. To become a Friend please contact: The FOH Membership Secretary, PO Box 75, Driffield YO25 5XJ.

INTERNET ACCESS

We have free Wi-Fi available but please bring your own device if you wish to use the internet or computers when at Higham.

HOW TO BOOK

Please fill in the booking form on the back page and return it with your deposit. Or, you can book by phone.

FEES

The residential fee quoted for each course is for single-room accommodation and includes all meals, travel during the course, entrance fees and tuition but not materials. The non-resident fee includes all meals except breakfast. The en-suite supplement is £10 a room for each night. There is a discount of £5 a person for each night if you share a twin or double room.

PAYMENT AND CANCELLATION

You will need to pay a deposit of £25 when you book a place on a course or the full fee for day courses. Deposits, and day course fees of less than £25, cannot be refunded or transferred. The balance of your course fee will be due 4 weeks before the course starts and cannot be refunded if you cancel during that period, unless you have cancellation protection. You may lose the place to someone on the waiting list if we do not receive the payment in time. Cheques for course fees should be made payable to HIGHAM HALL COLLEGE LIMITED.

CANCELLATION PROTECTION

You can take out cancellation protection for £3 for each day of your course (resident or non-resident) – exact fee will be on your confirmation letter after you book a course. This will cover the loss of your course fee (deposit not included) if you cancel through illness or injury, or the illness or injury of a friend or relative, at any time before the course starts (a doctor's certificate will be required). It also covers adverse weather conditions preventing you from travelling on the day the course starts (some form of independent evidence will be required). You should make this request and payment when you pay the balance of the course fee.

HIGHAM HALL IS THE IDEAL PLACE FOR ALL SORTS OF EVENTS

Reunions, Meetings, Conferences, Anniversaries, Special Dinners and Celebrations

Higham offers comfortable rooms, excellent food, and wonderful views in a secluded Lakeland setting, with friendly staff to help you plan your event and make it a success.

Phone for our '**Looking for a Venue**' leaflet or call in to see for yourself.



Higham Hall is a member of The Association of Residential Colleges